

THUNDERBOLT

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Chow time at MacDill - page 10



Photo by Senior Airman Melissa Paradise

A team MacDill Airman arrives for lunch at SeaScapes BeachHouse, which offers the combination of a variety of menu choices, as well as scenic views, Jan. 17. SeaScapes is one of several alternate dining facility options while the Diner's Reef is closed for renovations.

COMMENTARY



AF, secretary of defense recognize legacy of MLK

Secretary of the Air Force Michael Donley, Air Force Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James Roy issued the following message to the Airmen of the United States Air Force:

As America commemorates the federal holiday honoring Martin Luther King Jr., we call upon all Airmen to reflect on Dr. King's enduring legacy and on the importance of service in the cause of justice, equality and freedom.

A prominent leader in the U.S. civil rights movement, Dr. King rallied our Nation to live up to the promise of full equality under the law, without regard to race, color or creed. Although his life was cut short in 1968 by an assassin's bullet, the example of Dr. King's leadership continues to inspire people all over the world who are engaged in the struggle for freedom, justice and human dignity.

As we strive to build on Dr. King's legacy today, we have a responsibility to ensure that all Americans enjoy their birthright to equal opportunity and constitutional protections. Each of our unique backgrounds, knowledge, skills and experiences reflect a diversity that is one of our Nation's greatest strengths. Air Force leaders therefore are committed to creating an environment that promotes mutual respect and trust and brings together different backgrounds and perspectives to benefit Air Force mission effectiveness. Embracing each Airman's talents, perspectives and capabilities will help build and sustain a diverse, inclusive and welcoming culture that strengthens our Service.

Dr. King's life of service demonstrates the power within each of us to create positive change. On Martin Luther King Jr. Day, we encourage you to pause and consider the lasting impact of Dr. King's ideals and their continuing relevance today.

To recognize Martin Luther King Jr. Day, Defense Secretary Leon Panetta issued a message to members of the Defense Department



Photo by Airman 1st Class Shandresha Mitchell

Altony "Tony" Lee, 6th Aircraft Maintenance Squadron honorary commander, speaks to base leadership and service members about the "Six Steps of Nonviolence" during the Martin Luther King observance at the base chapel on MacDill Air Force Base, Jan. 13.

outlining his personal view of the slain civil rights leader's impact on America.

Here is the text of the secretary's message:

"My career in public service began more than 40 years ago at the height of the civil rights movement. As a legislative assistant in the U.S. Senate, I worked on landmark civil rights legislation and as direc-

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COMMANDER'S ACTION LINE

The Action Line provides a two-way communication between the 6th Air Mobility Wing commander and the MacDill community. A 24-hour recording service is provided so personnel may submit questions, concerns or comments. Call the Action Line at 828-INFO (4636) or e-mail macdillwingcommander@macdill.af.mil



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MacDill Thunderbolt

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may be obtained by calling 259-7455.

News items for the MacDill Thunderbolt can be submitted to the 6th Air Mobility Wing Public Affairs office, Bldg. 25, MacDill AFB, FL 33621, or call the MacDill Thunderbolt staff at 828-2215. Email: thunderbolt@MacDill.af.mil.

Deadline for article submissions is noon, Thursdays to appear in the next week's publication. Articles received after deadline may be considered for future use. All submissions are considered for publication based on news value and timeliness.

Every article and photograph is edited for accuracy, clarity, brevity, conformance with the "Associated Press Stylebook and Libel Manual" and Air Force Instruction 35-101.



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Event, movies, more...



Take your time; patience on the road pays

by Christopher Anglin

DAF Police Officer, 6th Security Forces Squadron

“Patience” is defined as a state of endurance under difficult circumstance. The word and its meaning play a large role in what can and will happen when it comes to driving without patience. Over the past two months the 6th Security Forces Squadron patrolmen responded to 29 vehicle accidents, seven being major. Though the majority of accidents were minor in nature there have been several close calls in which the driver or drivers have been transported to local hospitals to be treated.

After investigation, the primary cause of several accidents was speeding or failure to use due care and caution. Drivers today are overloaded with text messages, phone calls and music; all of which can distract the driver and impair his/her ability to perceive danger and react to it. A driver who isn’t distracted will require approximately 85 feet to stop safely when travelling just 25 mph. That distance increases to approximately 135 feet when distracted. Just think how many cars, children or obstacles you could obliterate in those additional 50 feet of stopping distance. Every second of distraction on the roadway provides an opportunity for disaster.

Cell phone use is one of the leading causes



Photo by Senior Airman Andrew Satran

A cell phone shows the last words of a text message during a simulated accident. Phone use while driving is a leading cause of accidents.

of distraction for today’s drivers. Though using a cell phone in Florida is lawful, using a cell phone while on a military installation is prohibited unless used with a hands-free device. Potential penalties for violating laws and regulations while driving on MacDill AFB for military members include: citations, visits with your first sergeant and possibly revocation of driving privileges. Civilian personnel may receive: monetary fines, a federal court date and also face revocation of driving privileges.

The Wing Safety Office offers various traffic safety courses to include Drivers Improvement and Rehabilitation courses. Classes are scheduled on an as need basis free of charge to all military and civilian personnel.

Do’s and don’ts of political activity for military, DoD workers

by Capt. Erin Kenny and Staff Sgt. Adam McConaughy

Base Legal Office

The 2012 election season is rapidly approaching! Service members and Department of Defense employees are highly encouraged to vote and participate in the political process. However, your participation must be weighed against the DoD’s interest in avoiding the appearance that the DoD supports a

specific party or candidate. It is important for you, as a service member or DoD civilian, to understand the rules of engaging in political activity so you do not subject yourself to adverse actions. Political activity is broadly defined and includes any activity in support or opposition of a political party, a candidate for partisan political office or a partisan political group. It is equally important to understand what is permissible so you can fully participate in the upcoming election as a United



States citizen.

Service members and DoD civilian employees may participate in a variety of political activities. For example, you may register to vote. You also may express your personal opinion on political candidates and issues, but not as a representative of the armed forces. It is alright to join a partisan or nonpartisan political club and attend its meetings, rallies or conventions when not in uniform; but you may not serve in an official capacity or be listed as a sponsor of a partisan political club. You may contribute to a political organization, party, or committee supporting a particular candidate. You may even display a political sign on your personally owned vehicle, as long as it is no larger than an average bumper sticker.

There are, however, restrictions on your political activity. Some of these restrictions may seem obvious. For example, federal employees are prohibited from engaging in any political activity while on duty or in a federal building. Military members may not participate in any political activity in uniform, or use your official capacity to exert political



Closing the recycling loop

by Eric Vichich

6th Civil Engineer Squadron

It's pretty easy to remember to put our recyclables in the blue bin. We're used to rinsing out cans and crushing cardboard boxes. We're getting pretty good at recycling. But it's important to remember that our job isn't done once that recycling bin goes out to the curb. That's only the beginning. Do you know what the "chasing arrows" recycling symbol means? Many people incorrectly assume that the mobius loop (as it's known) represents the three pillars of the waste hierarchy: reduce, reuse, and recycle. In reality, the three arrows represent the three main stages of the recycling process. One arrow represents the collection of used products. The second arrow signifies the chemical transformation, or recycling, of that product. Today's article is going to focus on that third and final arrow. This arrow represents the production and consumption of an entirely new product made from all those recycled products.

While it's great to recycle as much as we can, that loop will never be complete unless we make an effort to purchase new products made

from recycled materials. When shopping, look for products made with "post-consumer" recycled material. This means that they are made from materials that have been consumed and collected in a recycling program. A paper company that throws scraps from the end of its production line back into the pulp at the beginning of the process gets to count that material as recycled, but it cannot be identified as post-consumer waste. Buying recycled is a good practice for all of us, but it is mandatory for government purchases. Several Executive Orders adopt the EPA's Comprehensive Procurement Guidelines (CPG) list of recommended levels of recycled content in various products as mandatory. Visit epa.gov/cpg prior to making any purchases to see if your shopping list includes items with minimum levels. For instance, paper must contain 30% postconsumer fiber and paper towels must contain 40% postconsumer fiber. Everything from playground equipment to restroom dividers can be found on the list. The purchase of recycled materials is part of the Air Force's Green Procurement program, which directs procurement activities to be environmentally friendly. MacDill's Environmental Flight helps coordinate the base's Green Procurement program and can be contacted with any questions at 828-0460.

Shopping at PaperClips, etc. is an easy way to "buy green" since

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Telecommunications: you are subject to being monitored

Courtesy of the Wing Information Assurance Office

Q. Why is that DD Form 2056 sticker on my telephone?

Q. Why does the notice and consent banner pop up on my computer screen every time I log in to begin work?

Q. Why do I have to click "OK" in order to have my computer move on to the next Process.

A. Because the Telecommunications Monitoring and Assessment Program requires all users of Department of Defense telecommunications systems or devices to be informed that by using the DoD device they are consenting to monitoring.

The purpose of the TMAP is to protect classified and/or operationally significant information from unauthorized disclosure. One aspect of the protection program is Operational Security. TMAP is a key part of the Air Force's OPSEC efforts. AFI 10-712 permits monitoring of unsecured telecommunications systems to determine vulnerability to hostile signal intelligence exploitation. The TMAP evaluates and reports on one of the major factors of OPSEC posture – the proper use of telecommunications equipment.



The Air Force uses numerous unsecured telecommunications such as telephones, radios and computer networks subject to adversarial exploitation.

During normal everyday use of these unsecured systems, we can inadvertently provide an adversary with information about military capabilities, limitations, intentions, and activities. Adversaries can easily monitor these unsecured systems, which can provide enough information to make DoD units, weapon sys-

tems, defenses, and operations vulnerable to attack.

The Air Force monitors unsecured DoD telecommunications and analyzes information to identify and report OPSEC vulnerabilities and their potential effects on military operations. Reports provide operational commanders and planners with near real-time reports of classified or sensitive information disclosures that may adversely affect U.S. and allied operations.

Notice and Consent to Monitoring- Notification must be given to all users of DoD telecommunications systems or devices that they are to be used for conducting official government business and that all activities on them are subject to monitoring. Users of government telecommunications are placed on notice that their calls, e-mails and faxes are all subject to monitoring. Use of these systems and devices constitutes your consent to this monitoring. Legal reviews are conducted biennially during even numbered fiscal years to certify that users of telecommunication devices have been provided sufficient notice of consent to monitoring.

For more information call the Wing Information Assurance Office, 828-4149.

SPORTS



The Pigskin Picker 1st and 10 ...

by Mack Dill

The Pigskin Picker

Hey there Sports Fans! Well we got through the divisional play-offs in the NFL and the games didn't disappoint. While I was pleased to see the 49ers come through with the win, my blind spot for the Giants continued and they surprised me and the great state of Wisconsin with a big win over the Packers. That means that we're down to the Conference Championships to determine who will represent the AFC and who gets to represent the NFC.

Before we get into the games, let's take a look and see what makes for the most interesting Super Bowl. Baltimore defeating New England and San Fran beating New York means that we get a rematch of the Thanksgiving Day Harbaugh Bowl. Two sons of a legendary college coach getting to coach in a Super Bowl Championship –

that's almost Tebow-esque. Not to mention that you have a left coast versus a right coast thing going on, so that brings on a whole, new level of hype. Personally, that's the match-up that I'd prefer, but hey – I'm sentimental that way.

Of course, you have the story line behind the Patriots. They have worn the patch MHK to honor Myra Kraft, the late wife of owner Robert Kraft. She passed away just before the season started and the team wants to bring home a championship in her honor. How could you not want them to finish the season with a ring for one of the truly great owners in the NFL?

And then there's the Giants. The "nobody loves us, nobody respects us, our coach is always about to be fired Giants." This team started the season with a loss in D.C., went into a skid in the middle of the season with four, tough losses, and now they are the hottest team in the NFL. It would be something to see a team that went 9-7 come back to win it all, and get critics like me to finish that plate of crow they've been serv-

ing up each week. By the way, here's a fun fact: the other 3 teams combined only have 9 losses on the season so this is not a shallow hole that New York's been digging themselves out of during the post season.

Here's the good news. Chances are that the Super Bowl will have much more drama this year than wondering which commercial is the best or if they can come up with a halftime show that is lamer than last year's. Regardless of where you stand, it's going to be one of the best Super Bowls that we've seen.

Now let's take a look at the games and see the picks.

The AFC has the early game on Sunday with the **Baltimore Ravens at the New England Patriots**. So the real question here is if the Ravens can kick-start their running game because that's what makes their offense tick. Ravens QB Joe Flacco does okay and had a few good throws last week, but he does have a tendency to hang

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Fuel Your Future



Air National Guard

POLITICAL

From Page 3

influence. You may not distribute campaign literature in the workplace, or try to influence the vote of other employees. Other restrictions are less intuitive. For example, you may not use a government computer to endorse a political candidate or party, or use a social media account or use e-mails to advocate for or against a partisan political party, candidate for a partisan political office, or a partisan political group. If you live in on-base housing, you may not display political signs at your residence, including privatized military housing.

This article provides a brief overview of permissible and impermissible political activities. To be safe, you should check the rules before you participate in any political activity. DoD Directive 1344.10, Politi-

cal Activities by Members of the Armed Forces on Active Duty is the predominant regulation for service members. The Hatch Act, 5 U.S.C. § 7321-7326 applies to civilian federal employees.

The Department of Defense's Federal Voting Assistance program website, www.vfap.gov, offers service members helpful voting information, including state-by-state absentee voting instructions and registration deadlines.

If you are unsure about participating in a certain activity, ask the legal office. Please be mindful that you represent the U.S. military. Take the time to learn the rules and regulations regarding political activity, so you can exercise your civic rights responsibly.



Photo by Airman Basic David Tracy

Employees of the Ten Pin Grill prepare food during lunch on Jan. 17 at MacDill Air Force Base. Ten Pin is an alternative dining location during the temporary closure of the Diner's Reef Dining Facility and also includes a buffet selection for meal card holders and reservists.



Photo by Airman Basic David Tracy

Muge Peck, Ten Pin Grill cashier, takes the order of U.S. Marine Corps Staff Sgt. Elwood Grant, an administrative staff NCO U.S. Central Command during lunch on Jan. 17 at MacDill Air Force Base.



Photo by Airman 1st Class Melanie Bulow-Kelly

(Top) Taco salad was one of the many choices that SeaScapes BeachHouse offered on its menu Jan. 17. SeaScapes is an alternative dining location due to the temporary Diners Reef closure. (Above) Service members prepare to enjoy a buffet style lunch at Surf's Edge on MacDill Jan. 17.



6th MDG inspection coming; seeking participants for survey

Courtesy 6th Medical Group

It is an exciting time to be a part of the 6th Medical Group.

Each day, we have the distinct honor of delivering a wide range of health care services to our approximately 35,000 enrolled active duty, active duty family members, coalition partners, and retirees. We also provide support to an additional 75,000 members who are eligible to use our pharmacy and other ancillary services. Feb. 1-3, we have an opportunity to display our passionate and committed team of health care providers to the Accreditation Association for Ambulatory Health Care (AAAHC). It is time to shine!

The Accreditation Association for Ambulatory Health Care (AAAHC) is a private, non-profit organization formed in 1979. It is the preeminent leader in developing standards to advance and promote patient safety, quality and value for ambulatory health care through peer-based accreditation processes, education and research.

Accreditation is awarded to organizations that are found to be in compliance with the Accreditation Association standards. AAAHC currently accredits more than 5,000 organizations in a wide variety of ambulatory health care settings, including ambulatory and surgery centers, community health centers, medical and dental group practices, medical home, and managed care organizations.

Accreditation is a voluntary process through which the inspected organization is able to measure the quality of services and

performance against nationally-recognized standards. The accreditation process involves self-assessment by the organization, as well as a thorough review by the AAAHC surveyors, who themselves have extensive experience in the ambulatory health care environment. The AAAHC accreditation certificate is a symbol that an organization is committed to providing high-quality health care and that it has demonstrated that commitment by going above and beyond the nationally-recognized standards.

Excellence and quality are not philosophies we pull out just for inspectors. The 6 MDG is comprised of active duty, civilians and contractors who pride themselves on being true professionals and above all, keeping our patients' health needs at the center of every decision. The word "inspection" can occasionally bring a negative connotation, but we see it as an opportunity. It is an opportunity to show off our culture that wholly embraces safety, quality, and process improvement. Additionally, we view it as an opportunity to improve through self-discovery and consultation from nationally recognized experts.

Inspection or no inspection, here is the bottom line. There is not a day that goes by that someone in your Medical Group is not striving to ensure you have the best patient experience possible.

Clinic undergoes special survey

The AAAHC will conduct an accreditation special survey of the 6th MDG Feb. 1-3, 2012.

The purpose of the survey will be to evaluate the 6 MDG's compliance with AAAHC standards for ambulatory health care. Through an

emphasis on education and consultation, the ultimate purpose of the accreditation process is to improve the quality of health care delivered.

The 6th Medical Group has voluntarily requested this survey as a means of assisting its own efforts to improve the delivery of quality health care. Members of the general public, patients and individuals on the staff of this organization, believing that they have pertinent and valid information about this organization's provision of health care or compliance with AAAHC standards, may request an information presentation with AAAHC surveyors at the time of the survey for the purpose of presenting such information, or communicate such information in writing or by telephone to the AAAHC.

All information received from identified individuals at or prior to the survey will be considered in making the accreditation decision. The information presented will not be debated with the reporting individual.

Requests for presentation must be received at least two weeks prior to the survey in order to allow sufficient time to schedule the presentations. Requests for public information presentations or reporting of pertinent and valid information may be communicated in writing or by telephone to AAAHC at the following address and telephone number:

Accreditation Association for Ambulatory Health Care, Inc.

5250 Old Orchard Road, Suite 200

Skokie, IL 60077

Phone: (847) 853-6060; Fax: (847) 853-9028

BRIEFS

Union representation

Bargaining Unit Employees are reminded that under Section 7114(a)(2)(B) of Chapter 71, Title 5, U.S.C., employees have the right to be represented at any examination in connection with an investigation if: a) the employee reasonably believes that the examination may result in disciplinary action against the employee, and b) the employee requests representation.

Health Care Consumer Advisory Town Hall

The 6th Medical Group commander cordially invites you to attend a Health Care Consumer Advisory Town Hall Meeting Jan. 27 from 3-4 p.m. in the Education and Training Room located on the first floor of the 6th Medical Group. This is your opportunity to provide input regarding

your health care and receive updates regarding your benefits. For more information contact Maj. Jesse Benavides, 828-9941.

Auditions for Black History Month play

Looking for talented people who are interested in acting and singing; no professional experience required! This year's Black History Month theme is: "Black Women in American History and Culture." In support of this theme, the MacDill Black History Month committee will be performing a play highlighting the accomplishments of women in history. Auditions for the play take place at 7 p.m. Jan. 20 at the MacDill Airman and Family Resource Center-Brandon. For more information contact Capt. Rashida Graves, 828-7785.

COMMENTARY

From Page 2

tor of the U.S. Office for Civil Rights, I had the responsibility to enforce those laws.

“At that time, I saw how one man, Dr. Martin Luther King Jr., could make a difference. He did so by challenging his fellow citizens to reflect on what it means to be American. Faced with opposition, he did not threaten violence, but rather gained strength from the truth of his convictions. His powerful ideas and lyrical words compelled our nation to live by its founding principle: that we are born with equal rights to life, liberty, and the pursuit of happiness.

“In the end, he changed not only the law of our land, but also struck a note for freedom that still resonates in the hearts and minds of the American people and the entire world. That’s a legacy worth celebrating.

“Dr. King renewed the promise of America’s dream. His example inspired a movement for our country to reclaim its fundamental pledge -- so that we might live as one nation, with liberty and justice for all. Every man and woman at the Department of Defense should strive to uphold these fundamental ideals.

“One of my proudest moments was the opportunity to meet Dr. King and years later, as a congressman, to cast my vote to set aside a day dedicated to Dr. King’s memory. This weekend, I hope each of you will think about just how much this one man’s life and accomplishments have meant to our country. The nation we work so hard to protect is a better place because of him. In fighting for equal justice, he was fighting for all of us.”

To better serve our customers...

The Diner's Reef Dining Facility will undergo renovations 9 January 2012 for approximately 10 weeks. During the closure, alternate on-base locations will be available, listed below with days and times.

ESM PERSONNEL

Mon – Fri	5:30 - 8 a.m.	Ten Pin Bowling Center
	10:30 a.m. - 1:30 p.m.	Ten Pin Bowling Center
	5 p.m. - 7 p.m.	Ten Pin Bowling Center
	11 p.m. - 1 a.m.	Ground Meals from the Dining Facility
Sat – Sun	7 - 11 a.m.	Ten Pin Bowling Center
	11 a.m. - 5 p.m.	Campus Style Dining at NAF facilities
	5 p.m. - 7 p.m.	Ten Pin Bowling Center
	11 p.m. - 1 a.m.	Ground Meals from the Dining Facility

Note: ESM customers are still authorized to use Campus Style Dining at NAF facilities

GUARD AND RESERVE PERSONNEL DURING DRILL WEEKEND (SAT – SUN)

Brunch	6 - 11 a.m.	Surf's Edge
Lunch	11 a.m. - 2 p.m.	Surf's Edge
Dinner	5 p.m. - 7 p.m.	Ten Pin Bowling Center

BAS & NON-MILITARY PERSONNEL

Dining Facility Customers (6th AMW, Mission Partners & FamCamp) Feeding Hours:

Breakfast		
Boomer's	Mon.- Fri., 7 - 9 a.m.	Breakfast Buffet
Golf Course	Daily, 6:30 - 9 a.m.	A la carte
Seascapes	Sat., 7 a.m. - 9 p.m.	Continental (3 Saturdays)/Hot (1 Saturday)
Lunch		
Ten Pin	Daily, 11 a.m. - 2 p.m.	A la carte
Boomer's	Mon. - Fri., 11 a.m. - 1:30 p.m.	Lunch Buffet
Golf Course	Daily, 11 a.m. - 3 p.m.	A la carte
Seascapes	Mon. - Fri., 11 a.m. - 2 p.m.	A la carte
Dinner		
Ten Pin	Daily, 4 p.m. - 8 p.m.	A la carte
Seascapes	Mon. - Fri., 4 p.m. - 8 p.m.	A la carte

For more information, please call the Diner's Reef at 828-2412.

RECYCLE

From Page 4

many of their products comply with minimum recycled content percentages. In addition to the purchase of common office supplies, the 6th Civil Engineer Squadron has included green procurement requirements in all construction contracts to ensure base facilities are built with recycled materials whenever feasible. This includes everything from concrete in the foundation to roofing materials. To demonstrate this commitment, all recycling bins on the base are made from recycled plastic. That plastic bottle you throw in the recycling bin may someday come back to the base as a brand new recycling bin!

The federal government is the largest purchaser of goods and services in the world. The DoD is the largest purchaser within the federal government. By recycling and purchasing products made from recycled materials, we have the unique ability to influence global markets for recyclables and recycled products. It is imperative that we all remember to purchase products made from recycled material so we can close the recycling loop and keep production and consumption as sustainable as possible. That waste in your hand is a resource that should be recycled so it can be used again thereby reducing the need to exhaust our limited natural resources.

MACDILL COMMUNITY



EVENTS

Friday

Boomers Bar & Grill

Friday Bash! 3-7 p.m. Bar snacks & drink specials! Guaranteed \$100 club card drawing, Bar Bingo, and DJ!

Saturday

SeaScapes Beach House

Continental Breakfast by the Bay from 7-9 a.m. All guest \$5.95. Club Members & FamCamp Residents FREE. Spouse of Club Member: \$4.95. All guest \$5.95.

Airman & Family Readiness Center (Brandon)

Deployed Family Pancake Breakfast from 8:30-10:30 a.m. Deployed families come together for breakfast, enjoy activities for the kids, and networking.

Sunday

MacDill Lanes

Open on Sunday from 1-8 p.m.

Monday-Friday Surf's Edge Club

Global Tastes Lunch Buffet from 11 a.m. - 2 p.m. Cost \$8. Mon: Latin Tue: Italian Wed: Asian Thu: Mexican Fri: Americana

Monday-Friday

SeaScapes Beach House

Daily Early Bird Dinner Special 4:30-6:30 p.m. Home-style favorite meal with iced tea or fountain drink \$7.

Monday

Air Force Band Comes to MacDill!

Noon at the Base Theater. Contact Public Affairs at 828-2215 for more details.

Tuesday

Arts & Crafts Center

Learn to Draw & More! 4-6 p.m. Open to ages 12 & up. \$25 per month.



Courtesy photo

Top bikers

Participants spent two months logging miles on bikes in the MacDill Cycling Challenge. The top three performers (left to right) were Maj Paul Fillmore, with 2,225 points, Lance Armstrong Level; Miranda Lessie 1,622 points, Warrior Level; and Joshua Epperson, 1,508 points, Warrior Level.



CHAPEL SCHEDULE

Protestant services

Sunday - 9 a.m. - Praise Worship Service
9 a.m. - FAMCAMP Service (Bldg 2017)
12 p.m. - Gospel Service

Islamic services

Friday - 1:30 p.m. - Prayer Service

For all other faith inquiries or to view upcoming event information, call the Chapel at 828-3621 or visit the website at www.macdill.af.mil/macdillchapel

Catholic services

Saturday - 4:30 p.m. - Confession
5:30 p.m. - Mass

Sunday - 10:30 a.m. - Mass

Monday to Thursday: 12:10 p.m. - Mass



AT THE MOVIES

\$4.50 for adults / \$2.25 for children 828-2780

Friday - 7 p.m.

The Sitter (R)

Saturday - 4 p.m.

Muppets (PG)

Saturday - 7 p.m.

Twilight Saga: Breaking Dawn Part 2 (PG-13)

PIGSKIN

From Page 11

onto the ball too long and winds up on his butt for his efforts. The good news for the Ravens is that the weakest link on the Patriots is with their rush defense. That may be the opening that RB Ray Rice needs to finally get a 100+ yard game in the playoffs. And now for the bad news for Baltimore fans... Besides having Tom Brady feeling pretty comfortable and working the ball to multiple receivers, you now have the Pats using TE Aaron Hernandez as a running back – and very effectively. They handed him the ball 5 times and he averaged over 12 yards per carry. He's a beast, but then there's this other beast at tight end called Rob Gronkowski. This guy is huge and has hands that are not only the size of baseball gloves, but know how to hang onto the ball.

In order for the Ravens to win, Tom Brady has to have a very bad day at the office. I don't see that, and I give the nod to New England to represent the AFC in the Super Bowl.

That leaves us with the NFC playing the late game on Sunday. The **New York Giants are on the road playing against the San Francisco 49ers**. When they met earlier in the sea-

son in San Fran, the Giants lost by 7, but they weren't as healthy as they are now. Looking at the way the Giants owned the Packers last weekend, it's obvious that they are a force to be reckoned with, and they finally have everyone moving in the right direction with well-earned confidence. Likewise, the 49ers have proven that they are not the same team they were last year, and appear to have found some much-needed confidence to seal the deal.

The biggest issue I have with the Giants is with their run game. What happened to Brandon Jacobs last week? This guy is supposed to be a monster and he only racked up 22 yards on nine carries. That's pretty much the equivalent of falling over. Then there's Ahmad Bradshaw who finished with 95 yards, but for some reason he doesn't like to follow his blockers. That silliness may work against the Pack – the worst defense in the NFL, but against the highly-rated defense of the 49ers – that's a recipe for disaster.

What I will buy into for the Giants is that it is true; you cannot spell ELITE without ELI. Manning was awesome and doesn't seem to get too

rattled even when he's constantly under pressure. His ability to put the ball where only his receivers can get it is as good as anyone in the league. Still, against a team like San Francisco, he can't be expected to carry the entire team on his back. That's why the run game needs to improve – and quickly. The 49ers have the better team when it comes to execution. Their performance last week didn't have very many holes in it; if any, and coach Jim Harbaugh is going to play for the win each and every time – no tying up the game and settling it in overtime. I said that last week's match-up of the 49ers vs the Saints had the makings of an instant classic, and that was right on the money. I'm feeling the same way about this game. And while I really like how both teams are playing, someone's got to win and I have to give the nod to the 49ers to take NFC championship.

So those are my picks. I'm putting the New England Patriots and the San Francisco 49ers in the Super Bowl. If this week's games are anything like last weekend's, then get your spot on the couch and start cutting out pizza coupons for Sunday. You won't want to miss a minute.