

THUNDERBOLT

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Aloha, MacDill!

Photo by Senior Airman Linzi Joseph

Airman 1st Class Ronnie Buchholz, 6th Operation Support Squadron aircrew flight equipment technician, participates with Mrs. JoVon Pascua, spouse of Staff Sgt. Christopher Pascua, 6th Air Mobility Wing member, in a Hawaiian Hula dance competition during the Luau Celebration at the marina at MacDill Air Force Base May 25. May is Asian-Pacific Islander Heritage Month, in which we honor the contributions and achievements made by Asian-Pacific Islanders throughout United States history.

COMMANDER'S CORNER



Prepare for hurricane season; this week's Team MacDill standouts

by Col. Lenny Richoux

6th Air Mobility Wing commander

The Air Force designates the period from Memorial Day weekend through September 6 as the "101 Critical Days of Summer," and living in Florida we should also be aware that this week marks the beginning of hurricane season, officially starting June 1.

We can't control the weather, but we can and must take responsibility to plan for weather that's severe. That's why we've already devised our hurricane response plan for MacDill and rehearsed it with our community partners. Our MacDill Web site homepage points to some great resources for building your own personal hurricane response plan, and the Briefs section of this paper includes a link to online information that can also help.

So get your households prepared in case the need to evacuate or shelter in-place arises. Find out what resources you need to outlast a hurricane, and go out and get them. Don't put this off; start today.

Hurricane preparedness is one component of personnel safety, and personnel safety is among the things I think about most. Over the past six years the Air Force has experienced 218 on- and off-duty fatalities. What a tragic statistic. My goal for MacDill AFB is to ensure we have ZERO preventable fatal accidents, including accidents that result from poor hurricane planning.

Let's also keep an eye on solid risk manage-

ment as we plan our activities this summer.

Many of the things we do off-duty can be just as deadly as a hurricane if we fail to take appropriate precautions. Think things through, don't get into a rush, and keep your mental radar scanning. That's how we'll meet our goal for the 101 Critical Days of Summer.

By the way, the 6 Air Mobility Wing Company Grade Officer Council held elections recently, and I want to congratulate the newly installed leadership — **Capt. Christopher Suhar, 1st Lieutenant Charles Henderlite, 1st Lieutenant Karen Vandor and 2nd Lieutenant Scott Heinlein.**

I consider organizations like this invaluable. These folks have made a commitment to reach beyond their everyday duties and work to help others through professional development activities or simple acts of charity. If you're not already participating in a group with these sorts of aims, please consider getting involved. It's one of the ways we'll forge the leaders of a not-too-distant future as our Air Force continues to transform.

Do you know **Airman 1st Class Jacquelyn Florez-Vaughn**? She serves the Wing and mission partners as a Force Management Journeyman, but that's not all. Last week, she was the face of MacDill to a worldwide television audience and 21,000 fans at the Saint Petersburg Times Forum, where she performed the National Anthem before game six of the National Hockey League's Eastern Conference finals be-



Col. Lenny Richoux addresses the crowd at the Memorial Day Ceremony May 26.

tween the Tampa Bay Lightning and the Boston Bruins. Well done!

And how about **Staff Sgt. Stephanie Vega**. She's a wing scheduler in the 6th Operations Group who recently fielded an after-hours tasking from higher headquarters. The late hour made it extremely difficult for her to coordinate with all the agencies she needed to contact. Nevertheless, her initiative, expertise and drive allowed her to coordinate with all five Air Mobility Command and base-wide agencies and enabled the Wing to fully support a special operation approved by the president of the United States for a top national priority. Parati Defendere!

I am proud to serve with you in the finest Air Mobility Wing on the face of the planet (and you can chisel that in granite)!



COMMANDER'S ACTION LINE

The Action Line provides a two-way communication between the 6th Air Mobility Wing commander and the MacDill community. A 24-hour recording service is provided so personnel may submit questions, concerns or comments. Call the Action Line at 828-INFO (4636) or e-mail macdillwingcommander@macdill.af.mil



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MacDill Thunderbolt

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Editor: Nick Stubbs

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Every article and photograph is edited for accuracy, clarity, brevity, conformance with the "Associated Press Stylebook and Libel Manual" and Air Force Instruction 35-101.



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MacDill Community: page 21



Events, movies, more...

Hurricane season upon us

Hurricane season began June 1, and everyone is reminded to be prepared.

Assembling hurricane kits, making evacuation plans, dealing with securing valuable documents, pets, food and water, and other essentials in the event of an evacuation order are a must to maintain preparedness.

The information MacDill personnel need to know is available on the www.macdill.af.mil Web site. The link is located on the right side menu of the home page under the heading "Around MacDill." Web browsers also can be pointed directly to http://tbrpc.org/tampabay-disaster/hurricane_guides2011.shtml.

Other responsibilities of Airmen include coordinating with their units to identify a safe house and a safe haven. A safe house is a home in the general Tampa Bay area that is not located in an evacuation zone for storms up to Category 3. A safe haven is a location used in the event of mandatory evacuations for all, which is issued for Category 4 and 5 storms. A safe haven may be a location outside of the state.

Meet the new 91st Air Refueling Squadron commander

Thunderbolt staff report

The 6th Air Mobility Wing would like to welcome Lt. Col. James Dermer, the new commander for the 91st Air Refueling Squadron. Colonel Dermer took command of the unit in May.

Colonel Dermer took time out of his day to answer a few questions for the Thunderbolt in order for the base to get to know him better.

Thunderbolt: What do you expect of the Airmen under your command?

Colonel Dermer: I brief this to everybody. I expect them to be officers and enlisted Airmen FIRST. Being a good pilot, boom or SARMS professional is only one important aspect of their job. As an Air Force we ask much more, to include being physically fit, trained and ready to deploy at a moment's notice, and being committed to the development of our successors.

Thunderbolt: Who are your favorite leaders and role models?

Colonel Dermer: I had the privilege of working for so many outstanding leaders throughout my career. I worked for Col. Raymond Rottman as an executive officer in 2005. I remember the busy days, but more importantly, I remember the time he would carve out to mentor his people. I try to emulate his great mission-people focus.

Thunderbolt: What does it mean to you to be new 91st ARS commander?

Colonel Dermer: It's an amazing experience to transition from OSS command to now lead the 91st ARS. In today's volatile world, I'm blown away by the professionalism and the readiness of the men and woman of the 91st ARS. I look forward to working with all of our Airmen and their families.

Thunderbolt: When you hold your first commander's call what is the first thing you are going to tell your Airmen?

Colonel Dermer: I held my first com-



Lt. Col. James Dermer

mander's call a few hours after assuming command. I spoke of continuing the legacy of excellence they and Lt. Col. Brian Smith built. This is a strong squadron and we must continually look for opportunities to improve ourselves and stomp out mediocrity at every turn. We get there by being good Wingmen and supervisors and having the courage to do what is right.

Thunderbolt: What are your thoughts about MacDill and living in Tampa?

Colonel Dermer: Having lived on MacDill for the past year-and-a-half, we've come to know and love everything this community has to offer. This is one of the most military-friendly communities we've ever been a part of, and this base continues to go out of its way to improve the quality of life for all of our Airmen both at home and deployed.



CAF: Mental Health

Part II of V

by Jessica Banks

6th Air Mobility Wing Public Affairs

Everyone, in every walk of life, deals with stress – as Dr. James C. Dobson, psychologist, puts it, “There are very few certainties that touch us all in this mortal experience, but one of the absolutes is that we will experience hardship and stress at some point.”

Air Mobility Command recognizes this and has devised CAF, Comprehensive Airman Fitness, not as a way to avoid stress necessarily, but to enable Airmen to better manage and cope with the stress and anxiety we all face on an everyday basis.

MacDill Air Force Base offers many services to help military members and their families deal with stress, anxiety, and any other issues that may come their way. Simply by visiting Air Mobility Command’s Web site, at www.amc.af.mil, you can access a wide range of outlets that are there to help. These include family readiness, pastoral counseling, mental health services, and personal financial management, to name a few.

For many people though, the idea of seeing a counselor or talking to someone they don’t know can be intimidating or even cause more stress. Like most things in life, the longer you wait to address something, the worse it gets. However, there are many things you can do on your own to help decrease your stress and learn to manage it in a more healthy manner.

According to MSNBC, meditation, listening to relaxing music, drinking black tea, getting the full eight hours of sleep a night, hanging out with a friend who makes you laugh and even chewing gum are all ways to decrease stress. These things work by decreasing your cortisol levels. What exactly is cortisol?

Cortisol is the “stress hormone” in your body. It’s released in times of crisis by your adrenal glands to help give you more energy and motivation to handle whatever you’re facing. Our sympathetic nervous system is the part of the brain that alerts your body to begin this process. If everything runs smoothly, once the task is done, your parasympathetic nervous system should then kick in, working as a sort of tranquilizer to balance out your systems. In



Photo by Staff Sgt. Nancy Hooks

Airmen who manage their stress serve to their potential and maintain healthy family and social lives. That’s why mental health is one of the pillars of CAF.

today’s world, it’s not uncommon for our bodies to be constantly stressed, meaning that cortisol levels spike and remain at very high levels, without ever being balanced out by the parasympathetic nervous system. According to the American Psychological Association, about 48 percent of Americans feel their stress levels have increased in the past five years. Roughly three quarters of Americans find money and work are the leading causes of stress, and one-third of Americans would describe themselves as living with “extreme stress.”

Living with these extreme stress levels cannot only cause surface problems such as irritability, anger, and lethargy, but it can lead to weight-gain, heart disease, stroke, increase risk of infection, sexual problems, depression and even drug abuse.

The problem is, with work and money being two of the leading stress causers, how do you get away from your stress? Well, the answer is, you can’t – not fully, at least. You instead learn to manage it; you learn your stress triggers and how to avoid some of the unnecessary stress in your life, and how to cope with the rest. For instance, you might keep a journal for a week, writing down each time you find your self getting stressed out. At the end of the week you can start to determine which factors you can avoid. For example, perhaps on Tuesday and Wednesday you were stuck in traffic, causing you to be late for work and then causing your cortisol levels to spike. Leave 10 minutes ear-

lier in the morning. Perhaps, the bills are piling up, causing you to argue with your spouse. Well, the Airman and Family Readiness Center staff provides information, education, and personal financial counseling to help individuals and families maintain their financial stability and reach their financial goals.

Beyond eliminating your problems, you can also take a few other simple steps to help cope. First, realize you’re only human and cut yourself some slack. Next, stay optimistic; a little bit of positive energy can go along way. Try eating well, focusing on lean proteins, complex carbohydrates and getting more omega-3 fatty acids, which are found in foods such as tuna, salmon, walnuts and olive oil. Also, exercising is one of the best ways to decrease stress levels, so try out kickboxing or running, and even if you’re not feeling up to a high-energy workout, try walking or even deep breathing exercises and meditation.

If you’re feeling a lot of anxiety and it’s truly interfering with your life, then you should definitely talk to someone. Take advantage of the services MacDill offers. Family Readiness offers all sorts of counseling services and information, or those authorized can make an appointment with a psychologist on base. Don’t let stress control your life. Whatever reasons are leading you to feel overwhelmed, there are options for you. Leadership, through CAF, is dedicated to helping you become as informed, healthy, happy and confident as possible.

Airman's Attic relocation

The Airman's Attic has been relocated next to the Enterprise Rental car where the Loan Locker used to be. Staff are currently setting up shop and will re-open June 3. Airman's Attic staff will accept any donations excluding cleaning supplies or any items that contain hazardous chemicals or materials. Ensure when donating bulk items such as furniture, Christmas trees or items that cannot fit in the bins located in front of building 18 (post office) are dropped off behind building 18. The Airman's Attic is open to all E-6 and below to include family members Tuesdays and Fridays from 10 a.m. to 2 p.m. If you have any questions, call 828-2221 or 828-9027.

Boomers reopening

They say, "where there's smoke, there's fire," but at MacDill, where's there's smoke, there also is good eats.

Boomers reopens June 6 as Boomer's BBQ. Featuring slow-smoked ribs, pork shoulder, brisket and chicken, the new menu is sure to delight, said Severn Ombres, general manager with ARAMARK, which now operates Boomers.

The signature dish is pulled pork nachos, and five types of barbecue sauce are on hand.

Boomers will be open Monday through Friday 11 a.m. to 3 p.m. A grand opening party with entertainment is tentatively set for July.

Environmental Self-Assessment next week

by **Bill Herr**

6th Civil Engineer Squadron

During June 6 to 10, MacDill will complete an Environmental and Occupational Health Compliance Assessment Program assessment. This year's EOHCAMP will be a self-assessment using a team of about 30 volunteers from various units here at MacDill. It's an opportunity to take an honest look at your work practices and see how well you are doing.

The EOHCAMP assessors will visit Wing and mission partner shops throughout the base to interview facility managers and supervisors, review records and training files, and visually survey work spaces to check for proper procedures and good housekeeping practices. Inspectors will assess hazardous material inventories and storage, proper use of personal protective equipment, recycling of used or discarded materials, the proper disposal of used chemicals, and many additional environmental regulations that impact activities and personnel. Findings from the assessment will be summarized in a report prepared for the wing commander and headquarters Air Mobility Command. Non-compliant findings will require the responsible shop/unit to implement training, modify work practices, or make other changes to correct the discrepancy.

If you have any questions relating to the EOHCAMP program or this self-assessment, contact Bill Herr, at william.herr.ctr@us.af.mil or 828-0465.

6th CS Tech Control team honored with DoD award

by Nick Stubbs

Thunderbolt editor

Communication is the forte of the 6th Communications Squadron, and the U.S. Department of Defense judges had no problem understanding the message of performance exhibited by the MacDill Team.

The 6th CS's Tech Control Facility team was recently named tops in the 4-Gig Transmission Facilities category of the annual Defense Information Systems Agency Facility of the Year Awards. The award recognizes the accomplishments in management and control of the Defense Information Systems Network in 2010.

"This has been a great honor," said Tech. Sgt. Paul Brunney of the 6th CS. "To have the professionals here - Airman, NCOs, contractors - to make this possible is truly a blessing; It is not often that one gets to be a part of something so singularly distinctive."

Sergeant Brunney noted that many extra hours of training, correcting, implementing, and coordinating made the award possible.

"Every individual that has contributed to this award should be proud, it was well deserved, and I am thankful to have the opportunity to be working with such impressive technicians and to have the leadership that has been willing to facilitate our needs," said Sergeant Brunney.

The \$4M TCF at MacDill is the major nodal Global Information Grid facility in Florida. The TCF provides command and control communications support to the 6th Air Mobility Wing, 927th Air Refueling Wing, and five combatant commands: U.S. Central Command, U.S. Special Operations Command, U.S. Joint Forces Command, U.S. Southern Command, and U.S. Northern Command.

In addition, the TCF provides services to 36 tenant units at MacDill.

In the past, the TCF has won the Air Force Outstanding Unit Award, General Edwin Rawling Team Award, and four AMC-level Information Dominance Professional of the Year Awards. The TCF Airmen continued remarkable communications support for the wing which contributed to the wing's "Excellent" rating during Air Mobility Command's Nuclear Operational Readiness Inspection. In addition, the TCF supported the war fighter by deploying 10 Airmen to contingency operations within the CONUS and at overseas locations, resulting in letters of achievement and/or commendation for their efforts.

Standardization and modernization was the motto for 2010. The TCF team installed a General Officer residences suite which enabled secure command/control links for 53 USCENTCOM and USSOCOM senior leaders. The TCF team expanded equipment lifespan by relocating equipment to new racks, and maintained an average of 99.99 percent reliability on all facility links and equipment, among many other accomplishments in 2010.

Congratulations to the following Airman Leadership School grads

John L. Levitow Award

Senior Airman Alexander Shivers, 6th Maintenance Squadron

Distinguished Graduate Awards

Senior Airman Lindsey Duggins, 6th Force Support Squadron

Senior Airman Alexander Wright, 6th Maintenance Operations Sqd.

Academic Achievement Award

Senior Airman Alexander Wright, 6th Maintenance Operations Sqd.

Commandant Award

Staff Sgt. Neal Krysinski, 6th Civil Engineer Squadron

Graduates

Staff Sgt. Benedict Beason, 6th Logistics Readiness Squadron
Senior Airman Daniel Brookbank, 6th Medical Support Sqd.
Senior Airman Robert Clack, 6th Aircraft Maintenance Squadron
SSgt Brandon Couture, 6th Security Forces Squadron
Senior Airman Lindsey Duggins, 6th Force Support Squadron
Senior Airman Steven Gomez, 6th Operations Support Squadron
Senior Airman Shanara Greiner, 6th Operations Support Sqd.
Staff Sgt. James Hansen, 6th Communications Squadron
Staff Sgt. Dallas Hilmes, 6th Medical Support Squadron
Staff Sgt. Scott Holmes, 6th Logistics Readiness Squadron
Staff Sgt. Corey Joseph, 6th Communications Squadron
Staff Sgt. Neal Krysinski, 6th Civil Engineer Squadron
Senior Airman Patrick Mazzocco, 6th Security Forces Squadron

Staff Sgt. Cassie McQuade, 6th Security Forces Squadron
Staff Sgt. Jonathan Norena, 6th Security Forces Squadron
Petty Officer 2nd Alycia Norman, United States Coast Guard
Senior Airman Tony Polvere, 6th Medical Support Squadron
Staff Sgt. Yanahlyn Riavez, 6th Aerospace Medicine Squadron
Staff Sgt. Cole Schaeffer, 6th Communications Squadron
Senior Airman Brittany Schulz, 178th Reconnaissance Squadron
Senior Airman Alexander Shivers, 6th Maintenance Squadron
Senior Airman BranDyn Strickland, 6th Medical Support Sqd.
Staff Sgt. Keyatta, Tolbert, 6th Force Support Squadron
Senior Airman Alexander Wright, 6th Maintenance Operations Sqd.
Staff Sgt. Kimberly York, 6th Medical Support Squadron
Senior Airman Gabriel Zambrano, 105th Medical Group



Photo by Airman 1st Class Melanie Bulow-Goterman

What Memorial Day means to me

Airman 1st Class Christopher Chambers: "Memorial day should be a day that current service members take a moment and look back over our military history. To give respect to those who have served before us and to take examples from those who went above and beyond in service to our country."



Col. Lenny Richoux, 6th Air Mobility Wing commander, and Chief Master Sgt. Derrick Crowley Force Base May 26. The ceremony was held in honor of and to pay tribute to the men and women



Photo by Staff Sgt. Angela Ruiz

A final farewell

(Above) MacDill Air Force Base Honor Guard folds the American flag that covered Maj. Charles Creech's coffin during his funeral at Bay Pines National Cemetery, St Petersburg, May 25. Major Creech was a pilot assigned to the 310th Airlift Squadron at MacDill Air Force Base; he passed on May 22. (Right) Bagpipes are played as the remains of Major Creech are brought into the sanctuary at the MacDill Chapel May 25.





Photo by Staff Sgt. Angela Ruiz

..., 6th AMW command chief, render a salute during the Memorial Day Ceremony at MacDill Air Force Base. The ceremony honors the men and women who have given their lives while serving in the nation's armed forces.



Photo by Staff Sgt. Angela Ruiz

What Memorial Day means to me

Staff Sgt. Abraham Chavez: "It is a very special day where WE come together to honor the sacrifices made by our 'multi (race, nationality) military' veterans who have given their lives. And also honor those who have served and are currently serving."



Photo by Airman Basic David Tracy



Photo by Senior Airman Linzi Joseph

Airman 1st Class Amy Williams, MacDill Air Force Base Honor Guard, plays the bugle during the Memorial Day Ceremony.

927th ARW News



The roots go deep: Interview with one of the 63rd Air Refueling Squadron's first commanders

Part III of III

by Staff Sgt Shawn Rhodes
927th Air Refueling Wing

This is the last installment of a series on Louisville, Ky. native Col. Eugene Kinnaird, former commander of the 63rd Troop Carrier Squadron. Today the unit is the 63rd Air Refueling Squadron, stationed at MacDill Air Force Base, Fla. The following was taken from an interview conducted in January at Kinnaird's home in Louisville, Ky.

At the end of World War II, the Kentucky boy who crashed an airplane in a West Texas field achieved the rank of major and made a major contribution to winning the war in the Pacific. There were plenty of jobs for pilots in the mid 1940s, and Colonel Kinnaird went right back to work with American Airlines. For pilots with commercial airlines, the position of authority decides what preference they have for flights. A pilot with the most seniority today would have first pick of the 250 destinations the airline flies to. Garth Haus had the top position of pilot seniority with American Airlines when he retired.

"I was senior to Garth Haus," Colonel Kinnaird shares with the group around him. "Now that's something!"

Although he survived a war that required him to constantly overload his aircraft, Colonel Kinnaird was not done tempting fate. His job with American Airlines was much less dangerous than the missions he flew in the Pacific, but he still had to contend with aircraft and flying conditions that would be considered unsafe by today's standards.

"We had a stop in Dallas, and the radio said there was a tornado just north of the airport," Colonel Kinnaird says. For some reason, the airport wasn't closed, so he tried to land his DC-3 Airplane (also known as a 'gooneybird') on the runway.

"The wind was such that the gooneybird could just fly on the wind - it just weathervaned there on the runway!" Colonel Kinnaird exclaimed. "Why some of the stuff flying through the air didn't hit my engines, I don't know."

Colonel Kinnaird remained part of the Air Force Reserve, and was required to complete certifications as a pilot with the Air Force to

maintain his pilot status. This also provided him the opportunity to fly in the newest airplanes and practice the acrobatic flying he loved so much.

"I was on Randolph Field, flying with an instructor. We had just landed after finishing a mission, so I unbuckled my belt and started to get out of the plane," Colonel Kinnaird said. The instructor told him to stay in the PT-11 plane and fly for another hour. "I sat back down and went back up into the wild blue yonder."

Colonel Kinnaird said he always loved to spin an airplane, and the PT-11 was as good a candidate as any for the acrobatic flying he enjoyed. What he had no practice doing was free-falling.

"It went into its spin, and when I stalled it, out I came," Colonel Kinnaird said. The veteran pilot had forgotten to buckle himself back into the aircraft. "I grabbed the handholds on top of the wing and just hung there! It came back around and I slid myself back in ... I'll tell you, there were a few moments there when I was in doubt!" he said while laughing.

In 1978, after more than 40 years of risking life and limb for his country and for his own enjoyment, Colonel Kinnaird retired from flying and from the military. He had raised children, achieved the rank of colonel, and flown more than 30 different types of airplanes.

Although Colonel Kinnaird shares a special place with other veterans of World War II, his unique legacy plays an important role for many servicemembers - the 63rd Troop Carrier Squadron changed names and places over the years and still exists today. Its present incarnation is the 63rd Air Refueling Squadron, stationed at MacDill Air Force Base in Tampa, Fla. The heroic deeds of Colonel Kinnaird and those in his unit did not come from the fact they regularly performed extraordinary actions, but rather they were ordinary men asked to overcome every obstacle the war presented to them.

"The most important lesson of Colonel Kinnaird is the ability to overcome adversity," said Lt. Col. Erich Novak, the commander of the present-day 63rd ARS. "No matter the obstacles or challenges, he never quit; he just maintained

See **TO THE POINT**, Page 18

NEWS/FEATURES



MacDill Commissary announces 2011 scholarship winners

Special to the Thunderbolt

Paula Lewis, MacDill Air Force Base Commissary director, recently announced the MacDill winners for the Scholarships for Military Children Program.

The MacDill winners are; Nicole Kliewer, Michaela Jones, Shannon Free, Kalyn Hoppe, Ashley Vargas, Matthew Pesek, Tyler Cooney, David Cobb, Ameer Jala, Joanna Singleton and Brandon R. Minton.

Each winner received \$1,500 from the Scholarship for Military Children Program.

“We’re excited to report that the scholarship program continues to be a success in helping military families defray the costs of education,” said Ms. Lewis.

The scholarships are part of the Scholarships for Military Children Program, which is funded by manufacturers and suppliers that provide products and services for the Defense Commissary Agency’s 259 commissaries around the globe.

Scholarship Managers, a professional scholarship firm, selects the winners based on academic merit, participation in extracurricular and volunteer activities, and the quality of their essays. Recipients are notified by letter. The full list of scholarship recipients and sponsoring business partners is posted online at <http://www.militaryscholar.org>.

Nearly every one of the Defense Commissary Agency’s stores will announce a local winner; many commissaries will announce multiple winners.

The Scholarships for Military Children program is administered by Fisher House Foundation, a nonprofit organization responsible for building comfort homes near military medical centers. The foundation bears all costs of the program so that every dollar donated goes for scholarships. The general public has the opportunity to donate to the program through the military scholar Web site.

ROOTS

From Page 14

his determination and progressed from (lieutenant) to colonel leading the 63rd through the most dangerous times of its existence.”

Colonel Novak today holds the position Colonel Kinnaird once held, and like the World War II veteran, he has to ask servicemembers to take on sometimes impossible challenges and overcome them.

“We are about to enter another very challenging era for the USAF,” Colonel Novak said. “To be successful, we will require the principles Colonel Kinnaird demonstrated: dedication, perseverance and adaptability.”

Colonel Novak was impressed with the number of planes Colonel Kinnaird said he had flown, and all he had done to gain his experience.

“This is definitely a different era, but the basic principles of being a good aviator and a good leader remain the same - what is expected and what is required to be successful, both then and now,” Colonel Novak said.

When Colonel Kinnaird retired in 1978, he had been a pilot for 40 years. In keeping with his humbleness, he threw away most of his memorabilia from his military career. Today, a small shadow box hangs in the entranceway of

his home that only begins to tell his story. Men like Colonel Kinnaird don't need large displays capturing their life's deeds - it is easy to see he is just as proud of his family as he is of his military service. The four generations gathered around him share in his laughter and as the evening draws to a close, they leave to remember Gene's stories and to make their own.

Colonel Kinnaird rests on his couch and looks out the window at the snow on the ground outside his Louisville home. He shrugs and smiles as he says:

“You live through it.”



EVENTS

Friday

MacDill Lanes

Family Fun Friday! 8 p.m.-midnight. Games! Prizes! Snack Bar Specials!

Saturday-Sunday

Base Pool

Open from 11 a.m.-6 p.m.

Monday-Sunday

Bay Palms Golf Complex

Bingo Bonanza available everyday from 6:30 a.m.-6:30 p.m. \$1 a card. Instant payout!

Tuesday

Airman & Family Readiness Center

Spouse-2-Spouse from 9:30-11 a.m. Open conversation about issues relating to deployments and an opportunity to meet new friends.

Airman & Family Readiness Center

10 Steps to a Federal Job-Plus from 9 a.m.-4 p.m. Class combines "Ten Steps to a Federal Job", with "Federal Resume" and "KSA Writing course", to create a single comprehensive class. Participants learn how to apply for federal employment, how to fill out a federal resume, and how KSAs (Knowledge, Skills, and Abilities) fit in to the process.

MacDill Lanes

Rays Fever from 11 a.m.-5 p.m. Wear a MLB shirt, bowl for \$1 per game!

Thursday

Airman & Family Readiness Center

Auto Buying & Funding from 12-2 p.m. Designed to introduce the car buying process to get a dependable and reliable automobile at a fair reasonable price.. For more information please visit our Web site at www.macdillfss.com



Photo by Nick Stubbs

Seeing double

Chief Master Sgt. Derrick Crowley, 6th Air Mobility Wing command chief, struggles to walk a straight line while wearing goggles designed to simulate what a person sees and experiences after consuming alcohol. The demonstration was a part of the kickoff of the 101 Critical Days of Summer safety campaign, staged by the 6th AMW Safety Office at the base gym May 27. Safety literature, free samples of sunscreen products, other giveaways and a drawing were also part of the event.



Protestant services

Sunday - 9 a.m. – Praise Worship Service
Noon – Gospel Service

Islamic services

Friday - 1:30 p.m. - Prayer Service

Catholic services

Saturday - 4:30 p.m. - Confession
5:30 p.m. - Mass

Sunday - 10:30 a.m. - Mass

Monday to Thursday: 12:10 p.m. - Mass

For all other faith inquiries or to view upcoming event information, call the Chapel at 828-3621 or visit the Web site at www.macdill.af.mil/macdillchapel



AT THE MOVIES

\$4 for adults / \$2 for children 828-2780

Friday - 7 p.m.

Rio (G)

Saturday - 3 p.m.

Soul Surfer (PG)

Saturday - 7 p.m.

Madea's Big Happy Family (PG-13)